

Epilepsy

General Facts

- 1** It is a tendency to recurrent seizures
- 2** Such seizures occur as a result of disturbances in the normal electrical activity of certain brain cells
- 3** There are several kinds of epilepsy and over 20 classified types of seizure

Useful Websites

www.epilepsy.com
[www.ninds.nih.gov/
disorders](http://www.ninds.nih.gov/disorders)

For further information on this issue please contact:

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**GENERAL INFORMATION
LEAFLET**

**Basic Facts for
Leaders**

Epilepsy 2



**Dis
a
bility**

NORTHERN IRELAND

Some causes of Epilepsy

1 Brain Scar

- Birth injury
- Accidental injury (e.g. road accident)
- Non-accidental injury (drug or alcohol abuse)

2 Infection and Fevers

3 Tumours

4 Biochemical Abnormalities e.g. low glucose, calcium levels

5 Hormone Inbalance

6 Low Convulsive Threshold

Areas of the BB programme which would present difficulty for the boy

Anchor Boy

GAMES — Due to over excitement and heating

Junior Section

GAMES — Due to over excitement and heating

Company Section

PE — Due to over excitement and heating



Some Triggers of Fits and Useful Strategies

- 1 Lack of food
- 2 Lack of sleep
- 3 Excessive heat (do not allow Child to become overheated)
- 4 Too much liquid
- 5 Alcohol
- 6 Sudden loud noises
- 7 Flashing or flicker lights
- 8 Anxiety
- 9 Stress

Please note these are general strategies

EACH BOY IS UNIQUE

It is therefore important to speak to his parent(s) to gain individual relevant information.