

Epilepsy

The Facts

- It affects one in every 130 people in UK
- 75% will have their first seizure before the age of 20 years
- The cause of epilepsy is a temporary change in the way brain cells work

Seizure Checklist

When a boy has a seizure ...

- **DO NOT** hold him down
- Put something soft under his head
- Move away any furniture
- **DO NOT** put anything in his mouth
- Stay with him and reassure him
- Inform his parents

Useful Websites

www.epilepsy.org.uk
www.epilepsynse.org.uk

For further information on this issue please contact:

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Support Officer for
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The Boys' Brigade NI Headquarters
Rathmore House
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**GENERAL INFORMATION
LEAFLET**

Basic Facts for Leaders

Epilepsy



Dis
a
bility

NORTHERN IRELAND

General features

Types of seizures

Partial

The boy will not pass out but consciousness will be affected.

Generalised

The boy will suffer fits. Fits will vary from major convulsions, with unconsciousness and jerking limbs, to momentary lapse of consciousness.

Triggers

Most seizures occur completely out of the blue but the following can act as a trigger:

- Stress
- Flickering light
- Tiredness
- Fever
- Poor diet

Areas of the BB programme which would present difficulty for the boy

Anchor Boy

NONE — Leaders just need to be observant during all activities and aware of the procedure to deal with a seizure.

Junior Section

NONE — Leaders just need to be observant during all activities and aware of the procedure to deal with a seizure.

Company Section

NONE — Leaders just need to be observant during all activities and aware of the procedure to deal with a seizure.



How to deal with a seizure

- Cushion the head with something soft
- **DO NOT** put anything in mouth
- **DO NOT** give anything to drink until seizure finishes
- Loosen tight clothing around the neck
- **KEEP CALM**
- Provide a place to rest after seizure
- Wipe away saliva

Please note this is general advice.

EACH BOY IS UNIQUE

It is therefore important to speak to his parent(s) to gain individual relevant information.