

# Cerebral Palsy

## General Facts

- Palsy can mean weakness or paralysis or lack of muscle control
- The brain controls all that we do
- Different parts of the brain control the movement of every muscle in the body
- It is caused by damage before, around or soon after birth

## Useful Websites

[www.autism.org](http://www.autism.org)

**For further information on this issue please contact:**

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GENERAL INFORMATION  
LEAFLET

Basic Facts for  
Leaders

Cerebral  
Palsy



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Bility

NORTHERN IRELAND

## General Features and Types

### A) SPASTIC CEREBRAL PALSY

- 1 Hemiplegia (paralysis of right or left side of body)
- 2 Diplegia (both legs)
- 3 Cluadnplegia (legs and arms, poor head control)

### B) ATHETOID CEREBRAL PALSY

Uncontrolled movements — noticed when child starts to make a movement — often weak muscles and feel floppy

### C) ATAXIC CEREBRAL PALSY

Difficulty with balance — poor co-ordination — shaky movements

## Areas of the BB programme which would present difficulty for the boy

### Anchor Boy

- GAMES** — Poor spatial awareness  
**STORY** — Poor eyesight & hearing  
**CRAFT** — Poor muscle control

### Junior Section

- GAMES** — Poor spatial awareness  
**AWARD ACTIVITIES** —  
Poor eyesight & hearing  
**FIGURE MARCHING** —  
Poor spatial awareness

### Company Section

- GAMES** — Poor spatial awareness  
**BADGEWORK** —  
Poor eyesight & hearing  
**DRILL** — Poor spatial awareness

## Useful Strategies

To overcome impairments associated with Cerebral Palsy.

- 1 Use large print/pictures (squints and poor visual acuity)
- 2 Say, repeat, rephrase (to overcome fluctuating hearing)
- 3 Allow time for child to speak (poor control of muscles)
- 4 Ensure safe and uncluttered environment (poor ability to judge distances)
- 5 Provide a raised writing surface (to overcome poor eye sight)

### General Note

Please note these are general strategies

### EACH BOY IS UNIQUE

It is therefore important to speak to his parent(s) to gain individual relevant information.

